

What Programmes are on Offer?

Online Postgraduate Programmes in Applied Integral Studies
by ICIS, accredited by IGNOU

- A unique opportunity in Distance Learning
- No need for visits to a study centre or examination centre
- No need to wait for study materials to reach by post
- Direct Online Study through use of Internet & E-learning platform
- Cutting-edge technology + Innovative curriculum
- Self-paced learning from home anywhere in the world

Are these IGNOU Programmes?

These are Programmes designed, taught and evaluated by International Centre for Integral Studies (ICIS) – a registered trust (New Delhi) based on the integral paradigm. However, the programmes are offered through School of Interdisciplinary & Trans-disciplinary Studies (SOITS) of IGNOU, under a collaboration between IGNOU and ICIS. The final certification/degree upon successful completion is from IGNOU based on the evaluation submitted by ICIS to IGNOU.

Note: Should anyone wish to sign up for the programmes without going for the degree, it is possible to do so and get an ICIS Certificate (non-accredited).

What Programmes are on Offer?

Masters (68 credits) in –

- Psychology
- Vedic Studies
- Future Studies
- Applied Integral Studies

PG Diploma (32 credits) in –

- Psychology: a science of consciousness
- Vedic Studies
- New Creation of the Self
- New Creation of the Society

PG Certificate (16 credits) in –

- Paradigms of Psychological Knowledge
 - Indian Psychology
 - Integral Education: From Reflection to Action
 - Connecting Inner Power with Global Change
 - The Study of the Bhagawad Gita
-

- An Introduction to the Vedas
- Studies of Rig Veda
- The Upanishads
- Introduction to Sanskrit Language & Linguistics

Pre-Requisite Course (4 credits)

- An Introduction to Integral Studies:
Key Perspectives from the Works of Sri Aurobindo & the Mother

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DETAILS...

PRE-REQUISITE COURSE:

AN INTRODUCTION TO INTEGRAL STUDIES

Key Perspectives from the Works of Sri Aurobindo & the Mother

Essential for those not having a previous background in Integral Studies.

Facilitator: Monica Gupta

Credits: 4

Duration: 2 months

Monica Gupta, a senior lecturer in Gargi College, University of Delhi, has a background in Educational and Developmental Psychology, as well as the integral studies.

Course Objectives

- To give an introduction to the lives and works of Sri Aurobindo and the Mother.
- To give an overview of the key philosophical ideas of Sri Aurobindo and the Mother.
- To provide a basic understanding of the psychological and sociological evolutionary potential of humankind.
- To give an introduction to Integral Yoga and its practice.

Units

1. Introduction to Sri Aurobindo and the Mother
2. Integral Philosophy: Some Key Concepts
3. The Parts of the Being
4. The Planes of the Being
5. The Fundamentals of Integral Yoga & Transformation
6. Moving towards a Life Divine on Earth

Assimilation & Assessment

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INTEGRAL EDUCATION from Reflection to Action

Facilitator: Anuradha

Credits: 16 (includes a 4 Credit Research Practicum/Seminar)

Duration: Six months

Anuradha has been in the field of education since 1986, and has worked primarily in integral education settings – with children and educators. She is a teacher-educator and has also provided training inputs to mainstream teachers and teacher-students. She is a founding-trustee and Secretary of the Gnostic Centre and International Centre for Integral Studies, where she is engaged in multi-dimensional projects, focused around the growth of consciousness.

Programme Brief

Two kinds of reality co-exist – one, that represents the best in society, progressive ways of thinking, refinement, new creation, aspiration, collaboration; the other, that represents the worst in society, depravity, cruelty, division, crudity, ugliness, meanness. Educating the young in such times is no simple task. How can education consciously collaborate with the positive forces in human nature and society? How can it fulfil its creative function for the individual and the society, and align itself to the evolutionary purpose of human life? This programme introduces the basics of Integral Education (based on Sri Aurobindo's and The Mother's works) in this context, and encourages the students to evolve and engage in its practice.

Course 1: An Introduction to the Conceptual Framework of Integral Education (6 Credits)

1. Our Need and Demand from Education
2. The Integral Approach to Education
3. The Integral Teacher
4. The First Essentials & Classroom Implications
5. From Action to Reflection
6. Assimilation & Assessment

Course 2: The Practice of Integral Education (6 Credits)

1. Psychic: the Starting Point
2. Learning to use One's Mind
3. Understanding Oneself & Others: Dealing with Emotions, Responses & Relationships
4. Creating a Sound Physical Basis
5. From Reflection to Action: Envisioning, Organising, Actualising
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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THE STUDY OF THE BHAGAWAD GITA in the light of Sri Aurobindo

Facilitator: Sampada Savardekar, PhD

Credits: 16 (includes a 4 Credit Research Practicum/Seminar)

Duration: Six months

Sampada Savardekar, is an ex-student of Sri Aurobindo International Centre of Education (Pondicherry), Dr. Sampada Savardekar has completed her doctoral studies Sanskrit, with a doctoral thesis: "The Secret of Action in the Bhagawad Gita: A Critical Study". Her special interest is in extracting the essence of the ancient spiritual texts of India, as well as references found in Kavya and moulding the teaching to benefit the youth of today, through education and practical guidance.

Programme Brief

The study of any scripture, however sacred, would prove futile if it cannot be relevant to today's human needs. That, which apart from being true to its own epoch, also holds within it the message

for future humanity must be an ideal treatise, which can deliver modern man from his present state of spiritual bankruptcy. The aim of studying the Bhagawad Gita is to unravel the message always verifiable by experience it contains, the truth that is valid for all ages, and all mankind. Sri Aurobindo's vision further clarifies the spirit of the Gita's teaching, which was missed by earlier thinkers due to their keenness in finding in the Gita sufficient material to support their own philosophical thesis. We propose to approach this epic composition with an attitude of humility and not one of judgement. We hope to seek from it its essential and living message, and not delve into a mere academic scrutiny of terms. The Bhagawad Gita is not a record-book of historical events and therefore, we look at it not from the eye of a historian, but with the openness of a seeker.

Course 1: The Crisis and the Query (6 Credits)

1. Introduction, the need of studying the Gita
2. Arjuna's Crisis
3. Karma and the Concept of Yajna
4. Avataarhood and Vibhutiyoga
5. Vishwarupadarshanam (The Gita's treatment of evil)
6. Assimilation and Assessment

Course 2: The Secret of Deliverance (6 Credits)

1. Bhakti and Shraddha
2. Gunas and Beyond
3. Swabhava and Swadharma
4. Purushottamayoga (includes Jiva and Para-prakriti)
5. Conclusion and finale
6. Assimilation and Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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AN INTRODUCTION TO THE VEDAS in the light of Sri Aurobindo

Facilitator: Vladimir Yatsenko
Credits: 16 (includes a 4 Credit Research Practicum/Seminar)
Duration: Six months

Vladimir Yatsenko is a Russian scholar and teacher of Sanskrit and the Indian scriptures, settled in Auroville (an international township for human unity), since several years.

Programme Objectives

- Psychological interpretation of the Veda in the light of Sri Aurobindo, its relevance to the modern life and the evolutionary process of humanity.
- The revival of Indian Spirituality.
- A deeper understanding of Sri Aurobindo's and Mother's Works.

Course 1: An Introduction to Shruti Literature and the Vedic Symbolism (6 Credits)

1. Shruti and Smriti: The Structure and the general content of the Veda
 2. The Vedic Vision
 3. Night and Dawn
 4. The Myth of the Lost Herds of Light and the Angirasa Rishis
-

5. Myths of Creation: Nasadiya sukta, Heaven & Earth, Hiranya Garbha
6. Assimilation & Assessment

Course 2: The Vedic Myths of Creation and the Concept of Sacrifice (6 Credits)

1. Myths of Creation: Purusha Suktam, Visvakarman
2. Agni and the Concept of the Sacrifice
3. Hymns to the Mystic Fire
4. The conception of Speech in the Vedic Literature
5. The five Myths of Immortality
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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STUDIES OF THE RIG VEDA: Hymns to the Rising Sun, Surya-Savitri

Facilitator: Vladimir Yatsenko

Credits: 16 (includes a 4 Credit Research Practicum/Seminar)

Duration: Six months

Vladimir Yatsenko is a Russian scholar and teacher of Sanskrit and the Indian scriptures, settled in Auroville (an international township for human unity), since several years.

Programme Brief

This programme will introduce 12 major hymns to Surya-Savitri of the Rig Veda (Hymns to Savitri: 1.35, 2.38, 4.53, 4.54, 5.81, 5.82, 6.71, 7.38, 7.45 and Hymns to Surya: 1.50, 1.115, 10.37) in the light of Sri Aurobindo's Integral Yoga and especially his epic poem 'Savitri'. The Hymns to the Supramental Godhead of the legendary Rishis: Hiranyastupa Angirasa, Kutsa Angirasa, Grtsamada Shaunaka, Vamadeva, Syavashva Atreya, Bharadvaja and Vasishtha, Abhitapa Saurya will be studied in depth, introducing all major symbols of the Vedic system of Knowledge. Besides, the basics of the Vedic Prosody, Chandas, such meters as Gayatri, Trishtubh, Anushtubh, Jagati, etc., will be studied in detail.

Course 1: An Introduction to the Vedic Paradigm of Knowledge: Myth of the Rising Sun (6 Credits)

1. An Introduction: Text and Meaning
2. An Introduction to the Vedic Paradigm of Knowledge
3. Hymn to Savitar by Hiranyastūpa Āngirasa: RV 1.35
4. Hymns to Savitr by Grtsamada Śaunaka: RV 2.38
5. Hymns to Savitr by Vāmadeva Gautama: RV 4.53, 4.54
6. Assimilation & Assessment

Course 2: The Study of the Hymns to Surya-Savitri in the Rig Veda (6 Credits)

1. Hymn to Savitar by Śyāvāśva Ātreya with Sri Aurobindo's translation and commentaries: RV 5.81
2. Hymn to Bhaga-Savitri by Śyāvāśva Ātreya with Sri Aurobindo's translation and commentaries: RV 5.82 and by Bharadvāja Bārhaspatya: RV 6.71
3. Two hymns to Sūrya-Savitri by Vasishtha: RV 7.38, 7.45
4. Hymns to Surya, the Concept of the Supermind in the Rigveda, by Praskanva Kanva: RV 1.50
5. The Hymn to Surya, the Supramental Deity, the Lord of Immortality, by Kutsa Angirasa: RV 1.115
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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THE UPANISHADS in the light of Sri Aurobindo

Facilitator: Vladimir Yatsenko
Credits: 16 (includes a 4 Credit Research Practicum/Seminar)
Duration: Six months

Vladimir Yatsenko is a Russian scholar and teacher of Sanskrit and the Indian scriptures, settled in Auroville (an international township for human unity), since several years.

Programme Brief

This programme is an introduction to the Upanishads and Vedantic Metaphysics and Psychology in the light of Sri Aurobindo and the Mother. It maps all major concepts of the Vedantic paradigm and their interpretation in the perspective of Integral Yoga of Sri Aurobindo. Besides the commentaries of Sri Aurobindo and the Mother the traditional commentaries of Shankara, Sayana and other scholars are widely used.

Course 1: Isha & Kena Upanishads (6 Credits)

1. The Structure and the general content of the Upanishads. Sri Aurobindo on the Epistemology of Upanishadic literature
2. The Vision of the Isha Upanishad
3. The Four movements of the Isha Upanishad in the light of Sri Aurobindo
4. The Kena Upanishad 1-2. Knowledge about Brahman
5. The Kena Upanishad 3-4. The Parable of the Gods
6. Assimilation & Assessment

Course 2: Aitareya & Taittiriya Upanishads (6 Credits)

1. The Aitareya Upanishad. The Myth of Creation. Purusha Sacrifice
2. The Aitareya Upanishad. The Myth of a Primeval Death and the embodiment of the Spirit in Matter
3. The Aitareya Upanishad on the knowledge of Consciousness. Samjnana, Ajnana, Vijnana, Prajnana in the light of Sri Aurobindo
4. The Taittiriya Upanishad, Bhrigu Valli. Knowledge about Brahman
5. The Taittiriya Upanishad, Brahmananda Valli. Knowledge of the Five Purushas
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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PARADIGMS OF PSYCHOLOGICAL KNOWLEDGE

A Historical & Cross-Cultural Perspective

Facilitator: Suneet Varma, PhD
Credits: 16 (includes a 4 Credit Research Practicum/Seminar)
Duration: Six months

Dr. Suneet Varma is a Reader in Dept. of Psychology at the University of Delhi. Dr. Varma has

worked extensively to bring cross-cultural perspectives in Psychology into the mainstream academics.

Programme Brief

All knowledge-seeking endeavours can be understood with the help of three issues: (a) The assumptions about the nature of reality under study - ontology, (b) the relationship between the knower and that which is to be known - epistemology, and (c) the methods to be used for acquiring knowledge - methodology. In the late 19th century, academic psychology emerged emulating physics, the queen of sciences. The natural science approach served as its model, and psychology aimed at objective, value-free, quantifiable, and generalisable knowledge. From the 1970's onwards it was increasingly felt that the natural science paradigm did not serve well the goals of psychology. Today the discipline consists of diverse research paradigms based on differing ontologies, and concomitant epistemologies and methodologies. No system of psychology can be complete unless it includes the spiritual dimension of existence, and contemporary psychology has begun to take this profound aspect of existence more seriously. Indian systems of psychological knowledge have for millennia emphasised the essential, spiritual nature of human beings, and the need to integrate the spiritual with everyday life, in order to attain a meaningful and fulfilled existence.

Course 1: Paradigms in Contemporary Mainstream Psychology (6 Credits)

1. Three aspects of knowledge paradigms
2. Historical emergence of Psychology as a science
3. Positivism, Post-positivism, and the Critical perspective
4. The Social Constructionist movement in Psychology
5. Participative Research/Co-operative Enquiry in Psychology
6. Assimilation & Assessment

Course 2: New Directions and Alternative Paradigms in Psychology (6 Credits)

1. An alternative history of Psychology
2. The Existential-Phenomenological and the Indian conception of knowledge
3. Avidya and Vidya as two distinct forms of knowing in the Indian tradition
4. Self knowledge in the Indian tradition
5. The Integral way of knowledge
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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INDIAN PSYCHOLOGY Past, Present and Future

Facilitator: Suneet Varma, PhD
Credits: 16 (includes a 4 Credit Research Practicum/Seminar)
Duration: Six months

Dr. Suneet Varma is a Reader in Dept. of Psychology at the University of Delhi. Dr. Varma has worked extensively to bring cross-cultural perspectives in Psychology into the mainstream academics.

Programme Brief

1. To familiarize the student with the rich systems of psychology in India
2. To indicate the progressive movement - an evolution of consciousness, taking place in Indian psychology, over time
3. To demonstrate the inherent holism in Indian thought – the view of the person as a bio-psycho-social-spiritual entity
4. To demonstrate the explicit application oriented nature of, if not all, most systems of Indian psychology
5. To elucidate that the movement of the world spirit (zeitgeist) is in the direction of Indian psychology and spirituality
6. To examine the implications of the above for counseling and personal growth.

Course 1: Evolution of Indian Psychology (6 Credits)

1. The Psychology of the Vedas. The Upanishads: First Synthesis of Psychology
2. Samkhya and the Yoga Systems. Psychology and the Puranas
3. The Psychology of the Tantra. The Gita: Second Synthesis of Psychology
4. Vaishnavism, Bhakti, and Sufism: The Godward Emotions. Buddhist Psychology
5. Integral Yoga: The Third Synthesis of Psychology
6. Assimilation & Assessment

Course 2: Personal Growth & Counselling (6 Credits)

7. Personal Growth - Reflections
8. Counseling – Psychological Healing
9. Transpersonal Approaches to Counseling and Personal Growth
10. Indian Approaches to Counseling and Personal Growth
11. The Integral Path to Counseling and Personal Growth
12. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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CONNECTING INNER POWER WITH GLOBAL CHANGE

Facilitator: Pravir Malik

Credits: 16 (includes a 4 Credit Research Practicum/Seminar)

Duration: Six months

Pravir Malik is a change architect and strategic generalist who draws insight into potential futures through a study of global trends and patterns, systems theory, and human potential. Author of several books on Management, he specializes in Fractal Systems Framing and Thinking; Formation of Vision and Intent; Executive Guidance; Strategy & Vision Execution; Organizational Transformation; Strategic Generalist; Innovation & Creativity.

Programme Brief

The power to change things lies within us. This course will explore a theory on how shifts in oneself can have profound shifts in corporations, markets, systems, and the world. It has been said - "Become the change you wish to see in the World". But the elaboration of how this is true may remain a mystery. The theory of organization introduced in this course, which parallels the book by the same name – Connecting Inner Power with Global Change, indicates a fractal reality in which an

idea, a person, a team, a corporation, a market, a system, progressively more complex constructs, are concretely connected by virtue of common and linked patterns that animates each of these separate levels. Hence the power to positively change progressively more complex and in many cases removed arenas of life, such even as Climate Change, by making corresponding changes in one's personal space becomes more real.

Course 1: The Fractal Ladder (6 Credits)

1. The Pattern & The Person Pattern
2. The Business Pattern
3. The Economy Pattern
4. The System Pattern
5. The Evolution Pattern & The Fractal Ladder
6. Assimilation & Assessment

Course 2: The Nature of Progress (6 Credits)

1. Fractal Properties
2. The Nature of Progress
3. Remaking the Business World
4. Future Leadership & Alternative Futures
5. The Immediate Transformation
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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INTRODUCTION TO SANSKRIT Linguistics & Language

Facilitator: Vladimir Yatsenko
Credits: 16 (includes a 4 Credit Research Practicum/Seminar)
Duration: Six months

Vladimir Yatsenko is a Russian scholar and teacher of Sanskrit and the Indian scriptures, settled in Auroville (an international township for human unity), since several years.

Programme Brief

An introduction to the growth of Sanskrit language and linguistics from the Vedic, to post-Vedic up till modern times, with a view to understand the underlying philosophies of language, the grammatical structure, poetics and etymology of Sanskrit.

Course 1: From the Vedic to the Post-Vedic Epistemologies (6 Credits)

1. Vedic Paradigm of Language (Samhita period)
2. Post-Vedic Theories, Vedangas, Pratishakhyas and Nirukta of Yaska (6th c. BC).
3. Grammatical treatises: Ashtadhyayi of Panini (5th c. BC)
4. The Philosophy of Language: Mahabhashya of Patanjali (2nd c. AD) and the Theory of Sphota in Vakyapadiya of Bhartrihari (2nd c. AD)
5. Theory of Sphota in Tantrism (Shaiva tradition in Kashmir) by Abhinavagupta

Course 2: Analysis of Sanskrit Language (6 Credits)

1. New methodologies of linguistic analysis: The Origins of Aryan Speech by Sri Aurobindo. Towards a new science of language
2. Theory of Transparent Etymology of Sanskrit Language
3. Structure and Categories of Sanskrit Grammar
4. Nouns and Verbs of Sanskrit Morphology
5. Chandas: Basics of Sanskrit Poetics

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

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Explorations towards a NEW CREATION OF THE SELF

Facilitator: Ameeta Mehra
Credits: 32
Duration: One year

Ameeta Mehra (Chairperson-cum-Director, ICIS) has studied and received guidance in Sri Aurobindo and the Mother's Integral Yoga (from 1988 to 2000) under Dr. Nirodbaran (Literary Secretary & Personal Attendant to Sri Aurobindo). With a background in integral yoga philosophy, integral education, and management, Ms. Mehra has facilitated several courses, as well as authored books and articles on these subjects. Ms. Mehra have done the Business Management (MEP) from IIM Ahmedabad, and an Equine Management Diploma (Gold medalist) from Ireland.

Programme Brief

The diploma on the 'New creation of the Self' explores the future possibilities of individual and collective growth towards a new vision. This change to a new consciousness is effected through use of the powerful faculty of Imagination and the inner psychological attitudes like aspiration, will, faith, trust and prayer. This is a path-breaking programme towards imbibing knowledge through the faculty of imagination which unlike the faculty of memory has not been explored in academia. The students also learn ways to deepen, widen and intensify the consciousness. The aim is to create a new inner psychological foundation for viewing and engaging with the problems/issues of individual and societal progress.

Programme Objectives

- To develop Tools for a New Vision of the Future for the Individual and Society
- To use the faculty of imagination as a formative power
- To develop inner psychological attitudes
- To inwardise, intensify and expand the consciousness
- To explore the role of the individual to bring about a shift in Society

The diploma programme is divided into two units worth 16 credits each:

Unit 1: Attitudes and Faculties for a New Creation (16 Credits)

1. Developing the faculty of Imagination as a basis of New Creation
2. Understanding the role of Faith and Trust in the formative power of Imagination
3. The Power of Will
4. Aspiration and Desire – the need for Unity
5. The Power of Prayer in the Illumination of Knowledge and the removal of Obstructions
6. Assimilation & Assessment

Unit 2: Transforming the Character, Mind and Body (16 Credits)

1. Transformation of Character: Understanding Atavisms and the role of the Subconscious
2. Transformation of the Mental: Envisioning a New Future: the limitation of Preconception and Prejudice
3. The Nature of the Body and the Need for its Perfection
4. Refinement and Culture of the Physical Consciousness
5. The Role of the Inconscience and Superconscience in the Perfection of the Physical Mind, Life and Body
6. Assimilation & Assessment

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Explorations towards a NEW CREATION OF THE SOCIETY

Facilitator: Ameeta Mehra
Credits: 32
Duration: One year

Ameeta Mehra (Chairperson-cum-Director, ICIS) has studied and received guidance in Sri Aurobindo and the Mother's Integral Yoga (from 1988 to 2000) under Dr. Nirodbaran (Literary Secretary & Personal Attendant to Sri Aurobindo). With a background in integral yoga philosophy, integral education, and management, Ms. Mehra has facilitated several courses, as well as authored books and articles on these subjects. Ms. Mehra have done the Business Management (MEP) from IIM Ahmedabad, and an Equine Management Diploma (Gold medalist) from Ireland.

Programme Brief

The diploma on the 'New creation of the Society' explores the nature of evolving social forms with an aim to understand the contemporary social challenges and create a new vision for the future society. The first course in this programme engages historically with the social, political and economic dimensions of an evolving society and invites the student to use this knowledge to reflect and act dynamically on the changes he or she would like to bring in the contemporary society and his or her own role within it. The second course has as its focus on the aesthetic, ethical and spiritual dimensions of the evolving society and more centrally engages with new creating the vision of a future society and its link with individual transformation as a precursor to bringing about this change. The third course in this programme is the research project that gives the students an in-depth opportunity to engage personally and dynamically with their own understanding of the challenges of new creating a society and its link with their own individual development.

The diploma programme is divided into two units worth 16 credits each:

Unit 1: Evolving social forms: Political and Economic Dimensions (16 credits)

Unit 2: Evolving Social forms: Cultural and Spiritual Dimensions (16 credits)

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VEDIC STUDIES in the light of Sri Aurobindo

Facilitator: Vladimir Yatsenko
Credits: 32
Duration: One year

Vladimir Yatsenko is a Russian scholar and teacher of Sanskrit and the Indian scriptures, settled in Auroville (an international township for human unity), since several years.

Programme Brief

The diploma programme is divided into 2 units worth 16 credits each, totaling to 32 credits of study and research. A student may choose 2 units from the following:

- Introduction to Vedas (16 credits, comprising of 3 courses)
 - The Upanishads (16 credits, comprising of 3 courses)
 - Study of the Rig Veda (16 credits, comprising of 3 courses)
 - Introduction to Sanskrit (16 credits, comprising of 3 courses)
- and others in the future in Vedic Studies stream

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PSYCHOLOGY a Science of Consciousness

Facilitator: Suneet Varma, PhD
Credits: 32
Duration: One Year

Dr. Suneet Varma is a Reader in Dept. of Psychology at the University of Delhi. Dr. Varma has worked extensively to bring cross-cultural perspectives in Psychology into the mainstream academics.

Programme Brief

The diploma programme is divided into 2 units worth 16 credits each, totaling to 32 credits of study and research. A student may choose 2 units from the following:

- Paradigms of Psychological Knowledge (16 credits, comprising of 3 courses)
 - Indian Psychology: Past, Present and Future (16 credits, comprising of 3 courses)
- and others in the future in Psychology stream –
tentative titles:
- Patterns of Present: the Integral Existence (16 credits)
 - Integral Perspective on Human Development (16 credits)

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MASTERS IN APPLIED INTEGRAL STUDIES

The postgraduate degree programme is divided into 3 units worth 16 credits each, totaling to 48 credits of study, and 2 units worth 16 and 4 credits respectively, totaling to 20 credits of research practicum. A student may choose study worth 48 credits (i.e. 3 Certificate programmes of 16 credits each) from the [Certificate Programmes](#).

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MASTERS IN VEDIC STUDIES

The postgraduate degree programme is divided into 3 units worth 16 credits each, totaling to 48 credits of study, and 2 units worth 16 and 4 credits respectively, totaling to 20 credits of research practicum. A student may choose study worth 48 credits from the following:

- Introduction to Vedas (16 credits, comprising of 3 courses)
 - The Upanishads (16 credits, comprising of 3 courses)
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- Study of the Rig Veda (16 credits, comprising of 3 courses)
- Introduction to Sanskrit (16 credits, comprising of 3 courses)
and others in the future in Vedic Studies stream

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MASTERS IN FUTURE STUDIES

With specialization in: Explorations towards a New Creation

The postgraduate degree programme is divided into two units of 32 credits each – in which study and research work are integrated. A further online / onsite practicum worth 4 credits completes the Masters.

Unit 1: New Creation of the Self (32 credits)

Unit 1: New Creation of the Society (32 credits)

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MASTERS IN PSYCHOLOGY

With specialization in: Psychology: A Science of Consciousness

The postgraduate degree programme is divided into 3 units worth 16 credits each, totaling to 48 credits of study, and 2 units worth 16 and 4 credits respectively, totaling to 20 credits of research practicum. A student may choose study worth 48 credits from the following:

- Paradigms of Psychological Knowledge (16 credits, comprising of 3 courses)
- Indian Psychology: Past, Present and Future (16 credits, comprising of 3 courses)
- New Creation of the Self (32 credits)

and others in the future in Psychology stream –
tentative titles:

- Patterns of Present: the Integral Existence (16 credits)
- Integral Perspective on Human Development (16 credits)

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