



Visitors and participants began to frequent the Centre, and our activities and workshops expanded. A library developed, with a resource database, and special readings and meditations began to be held regularly.

THE GNOSTIC CENTRE



A research centre for the growth of consciousness, registered as a non-profit trust, started in 1996, Delhi. The Gnostic Centre is a pioneering effort towards the university of tomorrow and attempts to create a bridge between Matter and Spirit. Such a radical advance in higher life education has been long overdue and the Centre is a response to this growing need.



We invite you to participate in the following:

A LIBRARY & MEDITATION CENTRE

“... an intellectual sanctuary where one comes to find light and progress.”

The library offers a personalised service - should you need guidance.

Timings: 10am-6pm (Tuesdays to Sundays)

WEEKLY MEDITATIONS

A quiet and meditative environment has been created for those who wish to spend time in this atmosphere.



THE GNOSTIC CENTRE NEWSLETTER (*'The Awakening Ray'*)

This gives information about the on-going activities like the study groups, short courses and workshops etc. A deeper insight is provided into self-development, management, education, science and Indian culture.

INTEGRAL GROWTH WORKSHOPS & STUDY PROGRAMMES

- | | |
|---|---|
| <input type="checkbox"/> Meditation for Inner Growth & Mastery | <input type="checkbox"/> Isha Upanishad |
| <input type="checkbox"/> The Journey
A practical workshop with exercises for self-mastery & growth | <input type="checkbox"/> Education for the Future |
| <input type="checkbox"/> The Rising Sun
Understanding & uplifting oneself, practising ways of living from within | <input type="checkbox"/> Hathayoga, Pranayama & Mudra |
| <input type="checkbox"/> Fear: Its Cause & Cure | <input type="checkbox"/> Mankind on the March
Story of civilisation as man's quest for Truth |
| <input type="checkbox"/> Karmayoga: Perfection in Work | <input type="checkbox"/> 'Essays on the Gita'* |
| <input type="checkbox"/> Flowering of Management
An integral holistic perspective | <input type="checkbox"/> 'The Human Cycle'*
The deeper movements behind the evolution of society |
| <input type="checkbox"/> Shruti
An inward exploration into the depths of music, sound & word | <input type="checkbox"/> 'Savitri'*
* Books by Sri Aurobindo |
| <input type="checkbox"/> Healing & Meditation with Swara | Every Saturday (9.00-10.00am): 'Savitri' reading & meditation. 'Savitri': a seminal book of mantric poetry in iambic pentameter. |
| | Every Sunday (9.00-10.30am): 'The Human Cycle' study group. |

HOW IS THE CENTRE FINANCED?

For the nurturing of this unique experiment, we at the Gnostic Centre, presently depend on the random contributions from well-wishers and donations from the individual earnings of the members of the Centre to fund the running costs of the Centre.

For the flowering of the Centre's work it is imperative that we have a regular source of Income and resources. Therefore, for our workshops there is a suggested contribution or fee to meet our costs. Thus, when you contribute towards any activity, you are actively supporting the growth of this higher educational experience.

DONATIONS TO THE CENTRE

If you would like to give donations, give books, advertise in our newsletter, or contribute in any way towards the growth of the Centre, please contact us.

The Gnostic Centre is a public charitable trust. All donations are exempt under Section 80-G of the Income Tax Act.



UPCOMING EVENTS : JANUARY TO MAY, 1998

	SATURDAY	SUNDAY	WORKSHOPS & STUDY GROUPS
JANUARY	<i>Between 10th & 24th</i>		The Journey: Self-development & Mastery Facilitator: Ameeta Mehra A one-day workshop
FEBRUARY		8	Hathayoga, Pranayama, Mudra & Bandh Facilitator: Swami Vidyanand
	14	15	Shruti (a music workshop) Facilitator: Shruti
	21	22	On Concentration Facilitator: Ameeta Mehra
	28	1 March	THE HOLISTIC ARCHITECTURE SERIES* Collaboration for Creation Exploring the Relationship between User, Designer, Maker, Owner Facilitator: Sanjay Prakash
MARCH		8	Meditation for Inner Growth Facilitator: Ameeta Mehra
		15	The Art of Healthy Living Facilitator: Swami Vidyanand
	21	22	The Rising Sun Facilitator: Ameeta Mehra
APRIL	18	19	On Illness & Healing Facilitators: Ameeta Mehra, Shruti, Swami Vidyanand
MAY		3	Hathayoga, Pranayama, Mudra & Bandh Facilitator: Swami Vidyanand
	<i>End-April or early-May: Timings to be decided with those who will join (Please call us up to register)</i>		'The Mother': a study group Facilitator: Ameeta Mehra

* THE GNOSTIC CENTRE HOLISTIC ARCHITECTURE SERIES: Other probable themes in this series:

* The Joy of Compression Structures: Domes, Arches & Vaults (an exploration);

* Structure in Nature: From Cellular Systems to Soap Bubbles (an audio-visual dissertation);

* Sun & Light in Space & Time: The Everyday Energies Around Us (a modular talk);

* Warmth & Coolth: The Thermal Behaviour of Buildings (a learning workshop);

* From Water to Waste to Water: Services in Buildings (a series of extrapolations);

* Architecture & the Future of Humankind: Eco-friendly Processes & Materials (a seminar)



ACTIVITIES OF THE CENTRE : MARCH TO DECEMBER '97

Thus the journey carried on..... We had decided upon Workshops as a first step towards building up the future Courses. This would give us the necessary experience in fine-tuning the content and methodology and also put us in touch with the needs of the participants and their response to a different kind of learning, as well as contribute towards making the Centre self-sustaining.

Self-development formed a natural focus. The way things developed, facilitators spontaneously walked into the Centre and offered to share their knowledge with those interested. As a follow-up to these workshops, certain sessions and study-groups were begun, to enable a more in-depth study. As the response to the workshops was very positive, certain themes were taken up more than once.

SELF-DEVELOPMENT WORKSHOPS

Facilitator: Ameeta Mehra



THE RISING SUN
April 5th-6th

MEDITATION FOR INNER GROWTH & MASTERY

April 27th
June 29th



THE JOURNEY
SELF-DEVELOPMENT & MASTERY
August 30th-31st

Note: For each workshop extensive reading material was prepared and presented as booklets. These are available on order, from the Gnostic Centre.



FEAR: ITS CAUSE & CURE
May 4th
August 9th (at Lady Shri Ram College)

ON MUSIC

Facilitator: Shruti



SHRUTI
March 29th-30th
August 2nd-3rd



HEALING & MEDITATION WITH SWARA
July 18th-20th
September 5th-7th

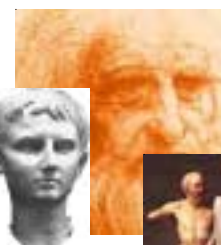


INTRODUCTION TO KARMAYOGA
PERFECTION IN WORK
May 25th
September 14th

AND OTHERS.....



HATHAYOGA, PRANAYAMA & MUDRA
Facilitator: Swami Vidyanand
June 14th (as a prelim session)
July 12th-13th



MANKIND ON THE MARCH
Facilitator: Dr. Ananda Reddy
July 26th-27th



TALKS

1997 being the 50th year of India's independence and the 125th birth-anniversary year of Sri Aurobindo, we reached out to the youth in colleges with a series of Talks. The focus was the Awakening of India's Youth.

SRI AUROBINDO:

THE PATRIOT & THE PROPHET

Speaker: Dr. Ananda Reddy
at Apeejay School: July 28th
Lady Shri Ram College: July 31st



EDUCATION FOR THE FUTURE

Speaker: Prof. Kittu Reddy
at Lady Irwin College: July 28th

SCIENCE, SPIRITUALITY & LIFE

Speaker: Sraddhalu Ranade
at Indian Institute of Technology: August 5th
Sardar Patel Vidyalaya: August 6th
INMAS: August 6th

FOUNDATIONS OF INDIAN CULTURE

Speaker: Prof. Kittu Reddy
at St. Stephens College: July 30th
Campus Law Centre: August 1st
The Gnostic Centre: August 2nd

FLOWERING OF MANAGEMENT

Speaker: Pravir Malik
at Sri Sringeri Sharada Institute of Management: August 19th
Management Development Institute: August 27th

The other activities during this period were.....

STUDY GROUPS, SESSIONS, SHORT COURSES

ISHA UPANISHAD

A Short Course
Facilitators: Shruti & Ameeta Mehra
November 8th-9th

SELF-DEVELOPMENT DISCUSSION GROUP

Facilitator: Jyoti Saikia
PHYSICAL EDUCATION
Facilitator: Pravir Malik
During June/July

'SAVITRI' READING & MEDITATION

Facilitator: Ameeta Mehra
Saturdays, 9.00-10.00am
Ongoing, since June

'THE HUMAN CYCLE' STUDY GROUP

Sundays, 9.00-10.30am
Ongoing since September

MANTRA UCCHARANA SESSIONS

Facilitator: Shruti
4 Saturdays in September & October

INNER GROWTH THROUGH MEDITATION

(for Union Bank of India staff)
Facilitator: Ameeta Mehra
October 28th, November 21st, December 4th

SPECIAL MEDITATIONS

SRI AUROBINDO'S BIRTHDAY

August 15th

DIWALI

October 30th

THE MOTHER'S MAHASAMADHI DAY

November 17th

SIDDHI DAY

November 24th

SRI AUROBINDO'S MAHASAMADHI DAY

December 5th



VISITORS & SPECIAL EVENTS

DR. KARAN SINGH'S VISIT & TALK

June 22nd

AUROVILLE TEAM'S VISIT

During August

LADY SHRI RAM COLLEGE STUDENTS' VISIT

November 4th

AN INTERACTION WITH SRADDHALU RANADE

November 6th

AN AUDIO-VISUAL PRESENTATION

ON SRI AUROBINDO'S VISION

By Auroville

November 23rd