

The Gnostic Centre Trustees

Ameeta Mehra

Chairperson, The Gnostic Centre

Qualifications

Equine Management (Irish National Stud, Ireland)
Management Education Programme (IIM, Ahmedabad)
BA: English Literature (Lady Shri Ram College, University of Delhi)

Work Experience

Chairperson & Founder-Trustee, The Gnostic Centre (since 1996)
Managing Director, Usha Stud Farms, Gurgaon, Haryana
Member, Governing Board, Auroville Foundation (since 2007)
1st Lady Stipendary Steward in India (D.R.C)
Chairperson, United Nations of Youth
Teacher Educator and Teacher (1986-89), Mirambika (a Free Progress school),
New Delhi



Since the age of 14 Ameeta had one dream – to change the education system of India. It is this quest that started her off on the road of Integral Education, in 1986. After completion of college, Ameeta joined Mirambika as a teacher for 4 years, where she became grounded in the educational philosophy of Sri Aurobindo. She later took up International youth work, and also trained in Horse breeding and Management, along with a business management background. Ameeta considers herself first and foremost as a researcher and educator, and sees no difference between her work with the education of horses, and with the education of students. (link page on Philosophy of Usha Stud) Over the past many years, she has conducted growth of consciousness courses, intensives and workshops with students as well as with teachers, college students, lecturers, parents and teacher-educators.

Ameeta is also the editor of the Centre's journal 'The Awakening Ray', and has compiled and edited books under the Interactive Self-discovery series, published by the Gnostic Centre.

Ameeta has had an abiding interest in theatre, classical music (Indian and western), sports (especially tennis), literature and integral yoga.

Ritika Goyal

Treasurer, The Gnostic Centre

Qualifications

Justice Administration: Edith Cowan University (Australia)
Certificate of Professional Studies (Power of Attitude), CODE, Hometon College,
University of Cambridge, UK & The Gnostic Centre, New Delhi
LLB (Law Faculty, University of Delhi)
BA: Political Science (Hindu College, University of Delhi)

Work Experience

Treasurer & Founder-Trustee, The Gnostic Centre (since 1996)
Advocate, High Court, New Delhi
United Nations of Youth



Ritika is a practising advocate at the High Court (Delhi) and specialises in Corporate Law. She looks after the legal and financial work of The Gnostic Centre and is also involved in the execution of different works at the Centre, such as creation of multimedia presentations (especially scripting and graphics), running of the Alchemy café and health centre, further growth and expansion of the Centre's infrastructure, etc.

Ritika's special focus of research has been on how to develop the mind and she has taken classes with students, college youth as well as teachers, both in Delhi and outside.

Ritika has always been interested in social change - she has worked with street children and was also involved in an international youth movement. Ritika has trained as an athlete, and also in Bharatnatyam and folk dance.

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Anuradha

Secretary, The Gnostic Centre

Qualifications

Certificate of Professional Studies (Foundation Course for Facilitators : 2005-07), The Gnostic Centre, New Delhi

MA (International Education: Teacher Education in the Context of National Development), University of Sussex, UK

B.Ed. (Active), Devi Ahalya Vishwavidyalaya, Indore (gold medalist)

BA (English Literature), Lady Shri Ram College for Women, University of Delhi

Diploma in French, Alliance Francaise, Paris

Diploma in Secretarial Practice, YWCA, New Delhi



Work Experience

Secretary & Founder-Trustee, The Gnostic Centre (since 1996)

Acting Principal (1987-90), Teacher Educator (1991-96) and Teacher (1986-90, 1992-93), Mirambika (a Free Progress school), New Delhi

Secretary, United Nations of Youth (1990-91)

Development Worker, Centre for Development of Instructional Technology, New Delhi (1984-86)

Secretarial work, US Library of Congress (1982-84)

Anuradha is responsible for administration and execution of works at the Centre. She is the co-editor of the Centre's journal 'The Awakening Ray', and is also engaged in creation of multimedias and desktop publishing, as well as Construction.

Anuradha has been engaged in the field of Integral Education since 1986, through teaching, research and curriculum design. She has worked with children ages 2 years and above, adolescents, youth, teacher-students, parents and teachers, in Delhi and outside. She facilitates courses in Integral Education for teachers and teacher-students, as well as parents.

Anuradha has trained in music (instrumental, folk, classical) and dance (kathak, folk, tai-chi).