

## The Gnostic Centre

A research centre for the growth of consciousness, set up as a non-profit public charitable trust, in 1996 at New Delhi. The Gnostic Centre is consecrated to the vision and work of the Mother and Sri Aurobindo, and aims to make Integral Education and Yoga a dynamic reality in the larger social context.

The International Centre for Integral Studies (ICIS), the educational wing of the Centre, is a pioneering effort towards the universality of tomorrow. Its major activities are Teacher Education (Pre-service & In-service) and Research in integral education & self-development.

A series of courses, trainings, workshops and study programmes are regularly held at the Centre. The Centre is on the panel of Delhi University and conducts workshops in self-development for B.El.Ed. teacher-students. The Centre is working with a number of schools for in-service training.

The Centre provides training for children (4-16yrs.), to develop their sensorial skills, mental faculties, attitudes and qualities – through science based projects, games, creative work involving art and craft, workshops & study.

Each year a series of talks, audio-visu-als and interactive sessions is organised at schools, colleges, academic, training and management institutes, under the title: 'In Search of the Soul of India' (the Spiritual and Cultural Heritage of India Series).

The Gnostic Centre comprises of a library and a meditation hall, as well as a study centre. (10am-6pm, Tue-Sun)

A bi-monthly journal, *The Awakening Ray*, is published with sections on: Power of Attitude, Issues of Life, Living from Within, Stories of Enlightenment, Catalyst for change, Light for students, Report and Calendar of events of the Gnostic Centre.

The Centre has recently published three books on self-mastery: *Dhyana: Meditation for Inner Growth*, *Abhaya: Fear - Its Cause and Cure* and *Karmayoga: Perfection in Work*.

### DATES & TIMINGS Beginning 20th Jan'2001 continuing till 6 weeks

There will be 6 collective sessions, mainly on Saturdays (half-days). There will be at least 2 individual sessions with the facilitator - the date and time will be finalised according to mutual convenience.

**Group Size:** 12

**COURSE CONTRIBUTION**  
**Rs.1500/-** (includes essential reading material, library membership and computer facilities)

**Course Registration:** Should you be interested in registering for the course, please mail in a DD/ cheque for Rs.70, favouring 'The Gnostic Centre'. On its receipt, we will mail you the ICIS prospectus and the application form.

**VENUE:** The Gnostic Centre, Bijwasan, New Delhi (near Palam Vihar) - set amidst quiet, serene and picturesque surroundings.

**How to reach:** The venue is 24 kms. from Vasant Vihar (south Delhi). Those who have their own mode of transport can reach The Gnostic Centre directly (map available on request). In case of commuting problems, please consult with the Centre.

**For further info, please contact:**



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The short course is offered by the **International Centre for Integral Studies (ICIS)**, which is an integral part of The Gnostic Centre.

**The Facilitator: ANURADHA**

**Anuradha** has worked extensively in the field of Integral Education - teaching children (3-14 yrs.), developing curriculum and training teachers. She has worked at Mirambika (an Integral Education school in south Delhi) for a number of years and is now fully involved with the Gnostic Centre. Her training includes a Masters from the University of Sussex in International Education (Teachers' Education in the context of National Development).

**Essential Reading**

- How to Bring up a Child?

**Suggested Reading**

- Fivefold Education
- A New Approach to Education
- Education and the Growing Child
- Pre-natal Education
- Education & the Aim of Human Life

**Student Facilities**

As an ICIS student, you are welcome to participate in the ongoing study circles and talks organised by The Gnostic Centre, and make use of the Centre's library (free of charge) for the duration of the course. You may borrow 4 books at a time, for 2 weeks, on a renewable basis.

# how to bring up a child?



## a short course

beginning  
saturday,  
16th september, 2000

certified by  
**The Gnostic Centre**

# how to bring up a child?

## methodology & structure

the students will be expected to work practically (with a specific child or a group of children in mind) and develop a programme of action which they will initiate during the course itself – with regards to the child/children they are in close contact with. to sustain this process of self-inquiry and reflection, they will individually maintain a daily **self-reflective journal**.

besides the **6 collective sessions** (full group), each student will also have at least **two individual sessions** with the facilitator (about 45 minutes), on a day and time mutually convenient.

the collective sessions will involve group work, discussions and sharings, inputs from the facilitator, worksheets and planning exercises. the final session will be a **presentation** of one's aims, actions and learning to the rest of the group.

each student will develop a **brief essay** (approx.2500 words) based on her/his field of study and research during the course – with relevance to one's own interaction with children.

as parents, as teachers, we are often at a loss when faced with the bright wonder and innocence of children.

what is it that seeks an expression in them?

how can we nurture it, and play our part in creating the right environment for a child to grow harmoniously and holistically?

this short course offers conceptual and practical insights into these questions.

it involves examining one's own interaction with children and developing ways to make it more true to our own inner understanding.

## key components

- education begins before birth
- to educate a child is to educate oneself
- the principles of true education
- to teach in the right way
- the finest present one can give to a child
- freedom essential for growth
- learning more and always more
- to find the inner truth

the course is based on the integral education philosophy of sri aurobindo and the mother.

## student profile & selection

the short course is especially meant for those who are in close contact with a child or children. the aim is to gain a deeper insight into our own interaction with children and to take responsibility for nurturing the child with a clear understanding of his/her growth needs.

the course is open to all those who are sincerely interested. however, for purposes of planning to suit individual needs, a preliminary meeting with the facilitator will be necessary (the time will be fixed according to mutual convenience). some **pre-course reading** is a must – this will be given out during the first meeting.

## evaluation & certification

the students will be evaluated on the basis of their **self-reflective journal**, the **presentation** and the final **essay**. the criteria will be sincerity of endeavour, conceptual clarity, and application in one's own life.

on successful completion, they will be awarded a **certificate**\* by the gnostic centre.

\* it falls outside the UGC act and is not recognised by AICTE