

The Gnostic Centre

A research centre for the growth of consciousness

The Gnostic Centre is a pioneering effort towards the university of tomorrow - towards an education that is based on self-discovery and self-mastery. The Centre is committed to the philosophy of Integral Education and works towards making it a part of everyday life.

Since its inception in 1996, the Centre has worked with over 120 educational institutes (schools and colleges) - students as well as teachers, teacher-educators, with the corporate sector, professionals and individuals from various walks of life. It is on the panel of Delhi University to provide self-development and education components to the teacher-students of the Bachelors of Elementary Education (BEIEd) course.

The Centre has conducted talks, workshops, study circles, intensives, residential camps, short courses; created educational materials in the form of journals, books, cassettes, multimedia presentations. It has worked with ages 2 years upwards. Its programmes have focused on:

- Integral Perspectives in various subject areas (Psychology, Sociology, Economics, Management, Health, Education)
- Developing the Powers of Meditation & Concentration
- Power of Attitude
- Foundations in Facilitation
- Training of the Mind
- Character Development
- Physical Education

The Centre has a Teacher Education wing, a Research and Resource Centre, a school for 2-4 year olds (L'avenir: the future), a library and meditation space.

The Gnostic Centre is consecrated to the vision and work of the Mother and Sri Aurobindo.

LAST DATE OF REGISTRATION: 20th September, 2002

SESSION TIMINGS

Thu.3rd Oct: 2-5pm

Fri.4th & Sat.5th Oct: 10am-5pm

Group Size: 30-40

VENUE: The Gnostic Centre, Bijwasan, New Delhi (near Palam Vihar) - set amidst quiet, serene and picturesque surroundings.

How to reach: The venue is 25 kms. from IIT/Sri Aurobindo Ashram (south Delhi). Those who have their own mode of transport can reach The Gnostic Centre directly (map available on request). For those who have a transport problem, a car pool can be organised - please inform the organisers at the time of registration.

PARTICIPANT PROFILE

- Principals, College & School teachers - especially those who are in a leadership or coordinating position
- Teacher educators
- Teacher students (BEIEd, BEd, DIETs)
- Professionals involved in Education
- Research scholars
- Parents

FEE: Rs.850/-

The fee for the Intensive includes tea and snacks on all days, lunch on Friday and Saturday, and reading materials.

DISCOUNTS

- Group registrations - where the group is of 3 persons - are entitled to a 50% discount on one person's fee.
- Should the Institute register for 3 or more persons at the same time, it would be entitled to a discount of 20% on the total fee.
- Students are entitled to a 25% discount.

SUBSTITUTION, CANCELLATION, REFUNDS

One may substitute a participant - only for the entire Intensive, with prior intimation to the organisers. Should there be a cancellation up to 6 days prior to the date of the Intensive, 50% of the fee will be refunded. No refunds will be made for cancellation thereafter.

For further info, please contact:

The Gnostic Centre

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Integral Education an Intensive



3rd to 5th October, 2002
at The Gnostic Centre

GENERAL OUTCOMES

- Making one's work Vision oriented : working towards immediate goals in the light of the larger aim.
- Understanding the multiplicity of the Human Being (oneself and the student) and Planning for multi-dimensional growth and learning - one's own as well as the student's.
- Learning how to establish a base of Peace and Silence within oneself.
- Application in daily work.

THE FACILITATORS

Ameeta Mehra is the Chairperson & Founder-Trustee of The Gnostic Centre, as well as the Managing Director of Usha Stud Farm. Her background combines the fields of Integral Education, Business Management, Theatre of Consciousness, Music and Physical Culture. She is an eminent speaker and holds regular workshops and courses in self-development, meditation and Integral Education. She combines the qualities of leadership, empowerment and organisation, and is deeply interested and involved in research into new areas of knowledge. Ms. Mehra is also a poet, writer and an artist. She is the Editor of *The Awakening Ray* (journal on education and self-development).

Anuradha is a teacher-educator based in Integral Education. She is the Secretary & Founder-Trustee of The Gnostic Centre where she is involved in teacher education as well as creation of educational aids (publications, multimedias). She is also a writer and is the Co-Editor of *The Awakening Ray* (journal on education and self-development).

KEY COMPONENTS

The Teacher/Educator

Developing the teacher's own potential as a...

- Visionary
- Self-reflective practitioner
- Catalyst of change
- Living example

The Classroom

- Creating a learning environment based on love, trust, freedom, excellence.
- Creating a team spirit in the classroom, school or institute

The Curriculum

Developing and transacting the curriculum for...

- Training the Mind (the faculties of concentration, observation, memory, reasoning, imagination, judgment, intuition)
- Character development, Value education, building up of Qualities
- Educating the Physical
- Evoking the Psychic

Role of Meditation & Concentration in Classroom Teaching

For...

- Destressing
- Intuitive learning
- Overcoming weaknesses
- Tapping one's potential

Education for Nation Building

Multimedia presentations, discussions and worksheets on...

- A New Education for a New India
- L'avenir (the future)
- Application of Mental & Vital Education in Classroom Teaching

Understanding Oneself & the Child

Multimedia presentations, discussions and worksheets on...

- Planes and Parts of the Being
- Inner and Outer Attitudes
- Overcoming Anger, Insecurity, etc. in oneself
- Helping students to overcome Fear, Aggression, Insecurity, Competitiveness, Lack of Confidence, Anxiety, etc.
- Integral Child Psychology

Issues of...

- Freedom and Discipline: Creating a Participatory Classroom
- Activity Based Learning
- Creativity in Learning and Evaluation

Aditi works both at The Gnostic Centre and the Usha Stud Farm. She has a background in Integral Education, teaching, resource management, research work. Aditi has worked extensively with students ranging from ages 2yrs to 18yrs. Her work is especially focused on the training of the mind and character development, as well as meditation.

Ritika Goyal is a practising advocate at the High Court. She is the Treasurer & Founder-Trustee of The Gnostic Centre. Ritika is involved in the creation of educational aids (publications, multimedias) and is also a resource person for courses and workshops on the training of the mind. She is the Co-Editor of *The Awakening Ray* (journal on education and self-development).

METHODOLOGY

- Readings, Explanations
- Understanding through Discussions, Reflection, Silence
- Introspective, Reflective, Analytical Exercises and Worksheets
- Multimedia Presentations
- Interactive and Experiential Sessions
- Meditation & Concentration
- Tools for Application