

all been visible as being a moralistic stance. True equality has a different quality. One of goodwill, peace and trust. These I feel intermittently and realise that the only attitude one can have is one of surrender to the divine. A surrender built on complete trust.”

**Jyoti Saikia, Business Manager**



## ***Teacher Education - a New Beginning***

*Self-development Workshops with Teacher-Students at Jesus and Mary College*

**DESPITE** the apparent mess the education system is in - or because of it - there is an awakening in some circles to the need for strengthening the most crucial element involved in education - the teacher. An innovative programme in teacher education began a few years ago under the aegis of Central Institute of Education, Delhi - known as B.El.Ed - a 4-year integrated B.Ed. after school. The programme is still in its infancy, with a foothold in 5 colleges of Delhi and 1 of Haryana, but it is making ripples already. This



year, the Gnostic Centre received an invitation to be on its panel of resource persons for self-development workshops for the students of this course. In November, we began with the first of these workshops for the teacher-students at Jesus and Mary College of Delhi.

This is an important step forward in the Centre's vision of making an intervention in the mainstream education with the philosophy and practice of Integral Education.

### **AWARENESS OF SELF**

Facilitator: Anuradha; 28th Nov. 9am-4.30pm

The main features were:

- \* Sharing personal expectations of growth - a cohesiveness of aspiration - each one wanted to know their own selves better, to overcome weaknesses.
- \* Narrating one's Inner Story to a partner - a reassuring experience for most as they discovered that not only were their quests similar, their difficulties too were not unique to them.
- \* Inner and Outer Attitudes - through reading and discussion a preliminary understanding on what is a human being composed of, what levels of motivations operate in her and how do these reflect in daily action.
- \* Concentrate on What you Want to Be - through a road map depicting one's highest aspiration and what blocks it.
- \* Exercises for Self-growth and Mastery - a first introduction to concepts and tools for overcoming one's weaknesses - Using Life as a Mirror, Discovering a Hidden Treasure, Establishing Peace in the Mind, writing a self-reflective journal.

