



INTERNATIONAL CENTRE FOR INTEGRAL STUDIES

A Unit of The Gnostic Centre



A Collaborative Working Partnership between
The Gnostic Centre

and

CODE, Homerton College, University of Cambridge



International Centre for Integral Studies (ICIS) is an integral part of The Gnostic Centre. It is a pioneering effort towards the university of tomorrow. The Centre is located in picturesque green surroundings, set amidst a sprawling 100 acre farm and has the quality of serenity and quiet beauty. It offers an aesthetic environment for learning and self-reflection. The Centre's building is a striking example of this harmony between matter



and spirit. Its library is an intellectual sanctuary where one comes to find light and progress. It is well-equipped with carefully selected books to represent integral dimensions of particular subjects and to provide texts that help to strengthen the knowledge base, while deepening, heightening and widening one's consciousness.

INTERNATIONAL CENTRE FOR INTEGRAL STUDIES HAS 4 MAJOR ACTIVITIES:

1. Research Cell: The Centre lays a strong emphasis on building up a research base in each course and for each student. At the end of the courses, the students individually may take up an action research project to study their own work/ life situation, analyse and design an innovation and chalk out the implementation. The findings are documented as a monograph which is assessed for the purposes of issuing the Diploma to the student. Thereafter, the student is expected to implement the innovation, monitor it and feed back the findings into the Research Cell. These serve as evidence and feedback for the Centre on its work and intervention.



2. Resource Centre: The Centre develops its own learning materials and course-books (besides making use of relevant reference literature). Each book is aesthetically and creatively designed to address the actual needs of the learners, along with practical guidelines and worksheets to facilitate in-depth knowledge and assimilation.

3. Kindergarten: The Centre is setting up a small kindergarten based on the principles of Integral (fivefold) Education. This will also serve as the training ground for teacher-trainees and teachers.

4. Teacher Education Programmes: The Centre offers pre-service and in-service training modules (leading to a Certificate/ Diploma) for teachers. These school-based courses are designed according to the training and teaching needs of the participants, and are a balance between theory and practical work.



ACADEMIC PROGRAMMES

The Gnostic Centre and CODE, Homerton College, University of Cambridge have entered into a Collaborative Working Partnership aimed at delivering and accrediting Initial Teacher Education and Continuing Professional Development Programmes in Integral Education, as well as providing the facility for student and staff exchanges. It is a collaboration to provide excellence in learning and is unique in that it is free of any financial transaction between The Gnostic Centre and CODE, Homerton College, University of Cambridge.

The Courses

- **SHORT COURSES OFFERED AS MODULES LEADING TO A CERTIFICATE OF PROFESSIONAL STUDY**
- **A SET OF MODULAR COURSES LEADING TO A DIPLOMA IN CONTINUING PROFESSIONAL DEVELOPMENT IN INTEGRAL EDUCATION**
- **A 2-YEAR PRE-SERVICE TEACHER EDUCATION PROGRAMME LEADING TO A DIPLOMA IN INITIAL TEACHER EDUCATION IN INTEGRAL EDUCATION**

Course Orientation

The courses are designed keeping in mind maximum freedom and flexibility. Emphasis is given on self-study and observation, action research and self-evaluation. The lecture mode is seldom used; rather the participant is shown where the knowledge exists, and is expected to make a thorough study of the chosen subject beforehand. In the group, emphasis is laid on presentations, discussions and the issues and implications arising from these.



Contact time with the guide and the group is especially arranged mainly on weekends, so that professionals who are working during the week, can spend the evening hours on weekdays for individual study, research, completing the required reading and/or assignments. They are expected to prepare for the weekend sessions by way of oral or written presentation/ discussion.

At the end of each module, the participant submits a portfolio of all course work completed, including research, summaries, assignments etc., and a daily recorded reflective journal, for evaluation.

Teaching-Learning Methodology

The endeavour is to individualise study and maximise self-learning. The various interactive modes adopted, depending on the course requirement, are:

- Seminars, lectures, discussions
- Individual study, self-reflection
- Presentations
- Guided reading, library time
- Group work, peer interaction
- Workshops, practical work, experiential activities
- Action research
- Skill-based activities (related to subject area, might culminate in an exhibition)
- Individual and group tutorials
- Field work, study trips





Certificate of Professional Study

The following modules are currently offered by International Centre for Integral Studies, leading towards a Certificate of Professional Study, jointly accredited by CODE, Homerton College, University of Cambridge and The Gnostic Centre:

Power of Attitude

* Inner self-development and outer perfection, * Establishing peace in the mind and body, * The psychic being and psychological health, * Mastery through attitude, * Working faster and better, * Inner and outer attitudes, * Stepping back, * Exercising static power, * Lighting the psychic fire

September'98

The Art of Healthy Living

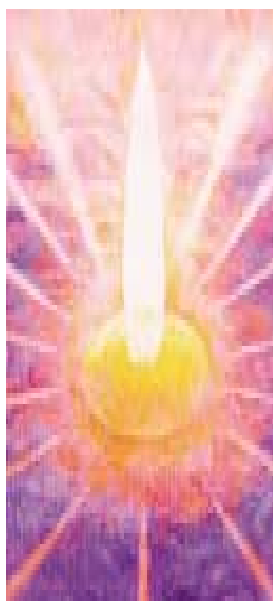
A theoretical and experiential understanding of the key principles of Hathayoga and their potential for a healthy and balanced life. The art of waking up, eating, digestion, relaxation midst action and sleep, along with a set of basic *asanas* (yogic physical exercises).

End September'98

The Art of Reflective Teaching

Developing the skills of self-observation. Gaining an insight into children and oneself through self-reflection. Monitoring one's own classroom practice.

October'98



The Science of Living

* To know oneself and to control oneself, * Becoming conscious of oneself, * Stepping back, * To dwell in the psychic, * Discipline of the mind, * Collaboration of the vital, * Transformation of the character, * Weaknesses of the vital (fear, depression, impulses of lower movements), * Happiness as aim of life, * Recuperating one's energies, * Importance of physical culture, * Progress - the Goal

Mid October'98

Meditation for Inner Growth

Conceptual understanding of meditation, concentration, the psychic being. Practice of establishing peace in the mind and dynamic meditation. Contacting the inner being and re-orienting oneself. Ability to apply meditation in daily life.

End October'98

How to Bring up a Child?

An insight into the integral psychology of the child. Practical guidelines for parents and teachers on looking after the physical, emotional, social, intellectual and spiritual needs of the child, and learning to deal with teething problems of growth. Analysing one's own attitudes as living examples for the child.

Early November'98



Management of Change

A theoretical and practical understanding of the process of individual and collective change. Designing an innovation for one's own context, based on key principles of managing change.

November'98

The Brain of India

* Characteristics of the Indian brain: its strengths and weaknesses, * The causes of deterioration, * The secret of earlier success, * *Brahmacharya* as a means of self-perfection, * A new basis for education

Early December'98

Understanding Oneself

Conceptual understanding of the five parts of the being and the three modes of nature operational in oneself. Ability to analyse and observe oneself. Clarity about one's aim in life and a clear action plan to achieve it.

Mid December'98

Fivefold Education

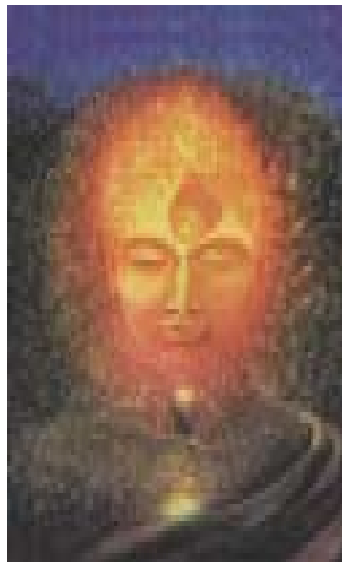
A study of Integral Education and the fivefold personality of human being. Education for physical, vital (emotional), mental, psychic and spiritual growth. Developing formats to make one's teaching-learning more integral.

February'99

Evolutionary Theory of Sri Aurobindo

An understanding based on the major works - *The Life Divine* and *Savitri* - on the destiny, power and potential of Man.

March'99



Dynamics of Consciousness in Collective Work

* Working Consciously, * Collective Decision Making, * Conflict Resolution, * Team Building, * Interpersonal Relationships, * Dynamic Meditation

On request

Fear: Its Cause and Cure

* What is fear?, * Mental, Vital and Physical fear, * Why one feels afraid, * Conquest of the fear of death, * Curing oneself of fear, * Ways to remove fear, * Obstacles to progress, * Static power, * Fear and violence, * Illness and fear, * Power of right attitude

On request

Karmayoga: Perfection in Works

* What is Karmayoga?, * How to choose work, * *Niskama Karma*, * Guidelines on Karmayoga, * Conditions of Success, * Is Business tainted?, * Steps in Karmayoga, * Difficulties in Work, * Towards Perfection

On request

The Key Principles of True Teaching

What is true teaching and what does it imply in practice? An understanding of the key principles to make teaching more effective and true. Guidelines for implementation.

On request



Diploma in Continuing Professional Development in Integral Education

The course structure for Diploma in Continuing Professional Development in Integral Education is modular. A set of specified number of modules successfully completed entitles the student to the Diploma, after an end-of-course evaluation. Each student is expected to complete a pre-determined set of core modules along with a certain number of elective modules which she may choose from an offered range of options. The course content is an integration of self-development and subject specialism. The Diploma course runs for a period of 9-12 months, but the student may take it at a slower or faster pace, in consultation with the guide. The Diplomas are awarded twice a year (March and September), jointly certified by The Gnostic Centre and CODE, Homerton College, University of Cambridge.

Diploma in Initial Teacher Education in Integral Education

A two-year school based programme of teacher education leads to a Diploma in Initial Teacher Education in Integral Education, certified jointly by The Gnostic Centre and CODE, Homerton College, University of Cambridge. It combines principles and practice of Integral Education with acquiring the skills of faculty and sensorial training, understanding the theories of child development and teaching-learning in the context of managing change. The training is supported by practical work experience in the Integral Education Kindergarten of the Gnostic Centre.

Should you be interested in enquiring further about these courses or obtaining the

ICIS prospectus and application form, please contact us at:

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