

Postgraduate Online Programmes in Applied Integral Studies by International Centre for Integral Studies (ICIS) Certified by IGNOU beginning 10th August, 2009

Download Application Form from: www.integralstudiescentre.org
Last Date for Application to reach ICIS – 15th July, 2009

■ PG CERTIFICATE PROGRAMMES

The programmes will run for one academic semester. There will be a total of 16 Credits per programme – where One Credit = 30 learning hours (including listening to the lecture, reading the transcript, completing the required readings, completing objective and conceptual & application-based reflective assignments, participation in online forums and teleconferences, etc.). Each programme culminates in a research-based project paper or a seminar.

Note: Students without any background in Integral Studies will also need to take a 4-Credit Introductory Course – towards a 20-Credit PG Certificate Programme.

- [Explorations Towards A New Creation of the Self](#)
- [Paradigms of Psychological Knowledge: A Historical & Cross-Cultural Perspective](#)
- [An Introduction to the Vedas in the Light of Sri Aurobindo](#)

Pre-Requisite Course (essential for those without a prior background in Integral Studies)

- [An Introduction to Integral Studies: Key Perspectives from the Works of Sri Aurobindo & the Mother](#)

DETAILS...

EXPLORATIONS TOWARDS A NEW CREATION OF THE SELF

Facilitator: Ameeta Mehra

Credits: 16 (includes a 4 Credit Research Practicum/Seminar)

Duration: Six months

Ameeta Mehra (Chairperson-cum-Director, ICIS) has studied and received guidance in Sri Aurobindo and the Mother's Integral Yoga (from 1988 to 2000) under Dr. Nirodbaran (Literary Secretary & Personal Attendant to Sri Aurobindo). With a background in integral yoga philosophy, integral education, and management, Ms. Mehra has facilitated several courses, as well as authored books and articles on these subjects. Ms. Mehra have done the Business Management (MEP) from IIM Ahmedabad, and an Equine Management Diploma (Gold medalist) from Ireland.

Programme Objectives

- To develop Tools for a New Vision of the Future for the Individual and Society
- To use the faculty of imagination as a formative power
- To develop inner psychological attitudes
- To inwardise, intensify and expand the consciousness
- To explore the role of the individual to bring about a shift in Society

Course 1: Attitudes and Faculties for a New Creation (6 Credits)

1. Developing the faculty of Imagination as a basis of New Creation
2. Understanding the role of Faith and Trust in the formative power of Imagination
3. The Power of Will
4. Aspiration and Desire – the need for Unity
5. The Power of Prayer in the Illumination of Knowledge and the removal of Obstructions
6. Assimilation & Assessment

Course 2: Transforming the Character, Mind and Body (6 Credits)

1. Transformation of Character: Understanding Atavisms and the role of the Subconscious
2. Transformation of the Mental: Envisioning a New Future: the limitation of Preconception and Prejudice
3. The Nature of the Body and the Need for its Perfection
4. Refinement and Culture of the Physical Consciousness
5. The Role of the Inconscience and Superconscience in the Perfection of the Physical Mind, Life and Body
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

PARADIGMS OF PSYCHOLOGICAL KNOWLEDGE: A HISTORICAL & CROSS-CULTURAL PERSPECTIVE

Facilitator: Suneet Varma, PhD

Credits: 16 (includes a 4 Credit Research Practicum/Seminar)

Duration: Six months

Dr. Suneet Varma is a Reader in Dept. of Psychology at the University of Delhi. Dr. Varma has worked extensively to bring cross-cultural perspectives in Psychology into the mainstream academics.

Course 1: Paradigms in Contemporary Mainstream Psychology (6 Credits)

1. Three aspects of knowledge paradigms
2. Historical emergence of Psychology as a science
3. Positivism, Post-positivism, and the Critical perspective
4. The Social Constructionist movement in Psychology
5. Participative Research/Co-operative Enquiry in Psychology
6. Assimilation & Assessment

Course 2: New Directions and Alternative Paradigms in Psychology (6 Credits)

1. An alternative history of Psychology
2. The Existential-Phenomenological and the Indian conception of knowledge
3. Avidya and Vidya as two distinct forms of knowing in the Indian tradition

4. Self knowledge in the Indian tradition
5. The Integral way of knowledge
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

AN INTRODUCTION TO THE VEDAS IN THE LIGHT OF SRI AUROBINDO

Facilitator: Vladimir Yatsenko

Credits: 16 (includes a 4 Credit Research Practicum/Seminar)

Duration: Six months

Vladimir Yatsenko is a Russian scholar and teacher of Sanskrit and the Indian scriptures, settled in Auroville (an international township for human unity), since several years.

Programme Objectives

- Psychological interpretation of the Veda in the light of Sri Aurobindo, its relevance to the modern life and the evolutionary process of humanity.
- The revival of Indian Spirituality.
- A deeper understanding of Sri Aurobindo's and Mother's Works.

Course 1: An Introduction to Shruti Literature and the Vedic Symbolism in the light of Sri Aurobindo (6 Credits)

1. Shruti and Smriti: The Structure and the general content of the Veda
2. The Vedic Vision
3. Night and Dawn
4. The Myth of the Lost Herds of Light and the Angirasa Rishis
5. Myths of Creation: Nasadiya sukta, Heaven & Earth, Hiranya Garbha
6. Assimilation & Assessment

Course 2: The Vedic Myths of Creation and the Concept of Sacrifice (6 Credits)

1. Myths of Creation: Purusha Suktam, Visvakarman
2. Agni and the Concept of the Sacrifice
3. Hymns to the Mystic Fire
4. The conception of Speech in the Vedic Literature
5. The five Myths of Immortality
6. Assimilation & Assessment

Course 3: Research Practicum/Seminar/Project Work (4 Credits)

PRE-REQUISITE COURSE:

‘AN INTRODUCTION TO INTEGRAL STUDIES: KEY PERSPECTIVES FROM THE WORKS OF SRI AUROBINDO & THE MOTHER’

Essential for those not having a previous background in Integral Studies.

Facilitator: Monica Gupta

Credits: 4

Duration: 2 months

Monica Gupta, a senior lecturer in Gargi College, University of Delhi, has a background in Educational and Developmental Psychology, as well as the integral studies.

Course Objectives

- To give an introduction to the lives and works of Sri Aurobindo and the Mother.
- To give an overview of the key philosophical ideas of Sri Aurobindo and the Mother.
- To provide a basic understanding of the psychological and sociological evolutionary potential of humankind.
- To give an introduction to Integral Yoga and its practice.

Units

1. Introduction to Sri Aurobindo and the Mother
2. Integral Philosophy: Some Key Concepts
3. The Planes and Parts of the Being
4. The Fundamentals of Integral Yoga & Transformation
5. Social Evolution: Moving towards a Life Divine on Earth
6. Assimilation & Assessment

▪ PG DIPLOMA PROGRAMMES

Credits: 32 (includes Research Practicums/Seminars)

Duration: One year

The following is an outline of the learning planned each semester.

<u>Semester 1:</u>	<u>Credits</u>	<u>Total</u>
Course 1	6	
Course 2	6	
Research Practicum/Seminar 1	4	16 credits
<u>Semester 2:</u>		
Course 3	6	
Course 4	6	
Research Practicum/Seminar 2	4	16 credits
TOTAL		32 CREDITS

Note: Students without any background in Integral Studies will also need to take a 4-Credit Introductory Course – towards a 36-Credit PG Diploma Programme.

- **Future Studies: Explorations towards a New Creation**
- **Psychology: A Science of Consciousness**

FEES STRUCTURE

▪ PG CERTIFICATE PROGRAMMES

Fee	Within India (in INR)	Outside India (in USD)
Application fee	250	20
Course fee	7000	450
Evaluation & Certification fee	1100	75
<i>In Cases where Applicable:</i>		
Prospectus fee (hard copy)	250	20
Returned Cheque fee	200	15
Late Course Fee Payment (up to 15 days)	2% of Course fee	2% of Course fee

Note:

- In case of an on-site practicum, the costs for the same to be borne by the student.
- For those taking the 4 Credit Pre-requisite Course 'An Introduction to Integral Studies: Key Perspectives from the Works of Sri Aurobindo & The Mother', there would be an additional Course fee of Rs.2500 (USD 175).

Scholarships: Partial scholarships are available for needy and deserving students.

▪ PG DIPLOMA PROGRAMMES

Fee	Within India (in INR)	Outside India (in USD)
Application fee	250	20
Course fee	14000	900
Evaluation & Certification fee	2200	150
<i>In Cases where Applicable:</i>		
Prospectus fee (hard copy)	250	20
Returned Cheque fee	200	15
Late Course Fee Payment (up to 15 days)	2% of Course fee	2% of Course fee

Note:

- In case of an on-site practicum, the costs for the same to be borne by the student.
- For those taking the 4 Credit Pre-requisite Course 'An Introduction to Integral Studies: Key Perspectives from the Works of Sri Aurobindo & The Mother', there would be an additional Course fee of Rs.2500 (USD 175).

Scholarships: Partial scholarships are available for needy and deserving students.

Contact

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