




*When I called peace in my mind
I felt a little gentle and kind
On the top with the golden white light
I saw my future which was bright
Now I am feeling well and right*

*Nobody can even touch my site
The whole of my body is feeling free
That I can jump from tree to tree
When I called peace in my mind
I felt a little gentle and kind*



 **Richa Wadhwa**

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Note: 'A Way to Call Peace': This is one of the poems written by the children after an experience of 'Calling Peace meditation', during a Meditation session at Apeejay School, conducted by The Gnostic Centre